



Memorandum

From: Carl A. Thompson, Wellness Committee Co-Chair

Re: 2022 Local Wellness Policy and Plan Assessment

On June 14th 2022 the District Wellness Committee completed the SY22 assessment of the District Local Wellness Policy and Plan.

The following are the results of the assessment:

- The District's Policy and Plan meet all of the USDA and ADE regulations for Food Service, Health and Wellness, and Physical Activity.
- The District's Foodservice Department continues to make strives to ensure healthy and delicious food options for students across the district.
- The District is following and exceeding its LWP in the area of Physical Activity.
- The District has implemented nutrition education with the Roaming Chef Program and the FFVP program at Laguna and Walter Douglas.
- The Wellness Committee will continue to look at how the LWP can increase healthy alternatives at fundraisers in the District
- The Wellness Committee will continue to work with Student Health Advisory Council's to increase awareness of the LWP at sites
- The Wellness Committee will work with its stakeholders to continue to gain feedback on how to better the LWP.

In conclusion the LWP is being implemented and followed at all locations within the District. However, the DWC will continue to increase awareness of the LWP through SHAC's and continue to look at ways to improve the Policy and Plan to ensure acceptance and compliance throughout the District.

If you have any questions regarding the LWP please contact me at Carl.thompson@fwusd.org.

Carl A. Thompson
Director of Dining Services
Co-Chair
Flowing Wells Wellness Committee

